

Background of the ELSC

The European Life Science Circle (ELSC) was launched in 2006 by Dr. Jorgo Chatzimarkakis, Member of the European Parliament to facilitate the dialogue with interested stakeholders on relevant issues in the context of life science and pharmaceuticals.

Participants

- Members of the European Parliament
- Representatives of the European Commission and the EU Member States
- Stakeholder organisations including patients and health professionals associations
- Pharmaceutical and life science industries



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Registration

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for the European Life Science Circle

Patient Empowerment – a New Paradigm in Disease Management?

on Tuesday 2 March 2010
9.00 – 15.30 o'clock

Location: European Parliament, Brussels,
Room PHS 4B001

Name: _____

Function: _____

Institution: _____

Address: _____

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Date of birth: _____

Please reply no later than 19 February 2010



Patient Empowerment – a New Paradigm in Disease Management?

European Parliament

Brussels – Room PHS 4B001

Tuesday 2 March 2010

9.00 – 15.30 o'clock

European Life Science Circle – 2 March 2010

Patient Empowerment – a New Paradigm in Disease Management?

- 8.30 **Registration**
- 9.00 **Welcome**
Dr. Jorgo Chatzimarkakis, Member of the European Parliament
- 9.15 **Patient empowerment – the new paradigm in healthcare management?**
Prof. Dr. Ad A. Kaptein, Professor for Medical Psychology, Leiden University Medical Centre
- 9.30 ***The effect of patient empowerment on therapy outcome in Diabetes Management***
Chair: Brian Johnson, Parliament Magazine
- Suggestions for enhanced transparency and efficacy – the benefit of health measures using the example of Diabetes Management**
Prof. David Klonoff, Medical Director, Diabetes Research Institute, Mills Peninsula Health Services, Clinical Professor of Medicine, U.C. San Francisco
- Successfully empowering people with type 2 diabetes – findings from the observational study ROSSO in Praxi**
Prof. Stephan Martin, West-German Centre of Diabetes and Health, Düsseldorf
- Discussion**
- 10.30 **Coffee Break**
- 10.45 ***Practical and economic aspects of patient empowerment***
Chair: António Correia De Campos, Member of the European Parliament
- Managing life with type 2 diabetes**
Mike Meyhoff, Protestant Pastor and Vocational School Teacher

The German Disease Management Programme and Patient Outcome

Dr. Stephanie Stock, Institute for Health Economics and Clinical Epidemiology, Köln, Germany

The cost-benefit relation of patient empowerment in the management of type 2 diabetes: evidence from three European countries

Jim Furniss, Bridgehead International Limited

Discussion

12.30 **Lunch Break**

The effect of patient empowerment on therapy outcome in Kidney and Asthma Disease Management

Chair: MU Dr. Miroslav Mikolasik, Member of the European Parliament

Learn to live with Chronic Respiratory Diseases

Lina Buzermaniene, Librarian

Patient empowerment in the treatment of kidney and asthma diseases

Prof. Dr. Ad A. Kaptein, Professor for Medical Psychology, Leiden University Medical Centre

Empowerment and self-management in kidney diseases – from a patient's perspective

Dr. Per Åke Zillén, Dentist

Discussion

15.15 **Conclusion**

Dr. Jorgo Chatzimarkakis

15.30 **End**

Background of the Meeting

Chronic diseases continue to spread in Europe and worldwide, as our population keeps ageing and medical progress is turning fatal diseases into chronic conditions. In the European Union, patient empowerment is considered a key to managing chronic diseases. Can patient empowerment be a remedy? What can we expect from the concept for both, the individual patient and health systems in the EU?

I would like to invite you to our European Life Sciences Circle on March 2, 2010 in the European Parliament to discuss:

“Is patient empowerment a new paradigm in disease management?”

Dr. Jorgo Chatzimarkakis, MEP